

## SAFE MEDICATIONS DURING PREGNANCY

### Pain Medications:

Tylenol

**\*\*No aspirin, Advil, Motrin, Ibuprofen, or Aleve\*\***

### Heartburn/Indigestion:

Maalox          Pepcid

Mylanta          Prilosec

Rolaids          Tums

### Hemorrhoids:

Anusol

Preparation H

Tucks Pads

### Constipation:

Colace (docusate sodium)

Milk of magnesia

Surfak

Metamucil

Fibercon

Miralax

### Coughs/Colds/Allergies:

Claritin          Actifed

Sudafed          Dimetapp

Robitussin      Tylenol Sinus

Cough Drops    Benadryl

Zyrtec

Saline nose spray

### Nausea:

Vitamin B6

C-bands

### Yeast Infections:

Monistat

### Diarrhea:

Kaopectate

Immodium